

## **1<sup>st</sup> Paragraph-Brief Summary**

This is where you state where you served, your exposure to Agent Orange and your MPN diagnosis in a few sentences. This should include:

1. Dates, places and duties for military service (during time of exposure).
2. Date of diagnosis, list specific disease, (MF, PV, ET).
3. Date when original claim was filed, and any other pertinent dates such as hearing and appeals.

*In (dates) I was stationed in (place) while serving in the (branch of military). My specific duties were, (list specifics related to exposure). On (date) I was diagnosed with (list specific disease, ET, PV or MF) and other diagnosis leading up to that. I filed a claim on (give dates and claim info) which was denied. I am in the process of filing a claim or I am appealing-give any other quick details.*

## **2<sup>nd</sup> Paragraph-Details of Service**

*I arrived in ... and was assigned to ....., My specific assignment was to ... Keep in mind the military considers any individuals who served in the Republic of Vietnam from January 9, 1962 to May 7, 1975 to have been exposed to herbicides, including Agent Orange/Dioxin, meaning veterans who meet these requirements, i.e. boots on the ground, do not have to prove exposure. [Click here to learn more.](#)*

## **3<sup>rd</sup> Paragraph-Details of Illness**

Include dates of diagnosis, progression of illness, information on illnesses leading up to diagnosis. If you have no genetic predisposition for your illnesses please indicate this in your letter.

## **4<sup>th</sup> Paragraph-Medical Reasoning**

Include Doctor's information and letter of support. Ask the doctor(s) to indicate their understanding of your diagnosis and why they believe exposure to Agent Orange/Dioxin was a factor in your MPN diagnosis. [Click here for language that may be helpful to your doctors.](#)